

CONFLICT STRATEGIES

Conflict Strategies accurately identifies one's typical reaction to conflict, examines the potential outcomes associated with each strategy, encourages the use of more effective tactics, and provides skill practice in resolving day-to-day issues. These workplace scenarios for managers offer helpful tips and tricks for dealing with conflict and are especially useful for training the millennial generation.

Conflict Strategies helps individuals discover their preferred conflict strategies and learn how to deal effectively with conflict. These give strategies include:

- Integrating
- Compromising
- Competing
- Smoothing
- Avoiding

By the end of the workshop, participants will be able to:

- Pinpoint one's preferred strategy for managing conflict
- Discover the five different ways people respond to conflict
- Understand how and when to utilize the integrating strategy
- Learn and practice when to use alternative strategies
- Create a development plan to put the learning into action

