



Develop the emotional intelligence necessary to support a thriving agile culture.



Everything DiSC® Agile EQ™ is a classroom training and personalized learning experience that teaches participants to read the emotional and interpersonal needs

of a situation and respond accordingly.

By combining the personalized insights of DiSC® with active emotional intelligence development, participants discover an agile approach to workplace interactions and learn to navigate outside their comfort zone, empowering them to meet the demands of any situation. In this half-day training, participants will discover their EQ strengths, recognize their EQ potential, and commit to customized strategies for building agility. The result is an emotionally intelligent workforce that can support your thriving agile culture.

The Everything DiSC Agile EQ Profile focuses on:

- Discovering your DiSC Style
- Understanding your EQ strengths
- Recognizing your EQ potential
- Committing to customized strategies for building agility

The Profile

The Everything DiSC Agile EQ Profile provides participants with valuable insights that help them explore the concept of emotional intelligence and take an agile approach to workplace interactions. In this personalized, 26-page profile, participants will discover their DiSC style, learn about the instinctive mindsets that shape their responses and interactions, recognize opportunities to stretch beyond what comes naturally to them, and gain actionable strategies to become more agile in their approach to social and emotional situations. The profile may be used on its own or with the companion facilitation; sold separately.